

## **Refreshing Encouraging Friends**

### **August 13, 2023**

**Proverbs 13:12**, *“Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.”*

**Proverbs 3:27**, *“Do not withhold good from those to whom it is due, when it is in your power to do it.”*

**Exodus 23:4-5**, *“If you come across your enemy’s ox or donkey wandering off, be sure to return it. <sup>5</sup> If you see the donkey of someone who hates you fallen down under its load, do not leave it there; be sure you help them with it.”*

**Isaiah 40:1-3;7-8;11,28-31**, *“Comfort, O comfort My people,” says your God. Speak kindly to Jerusalem that her iniquity (her sin) has been removed. A voice is calling, “Clear the way for the Lord in the wilderness; make smooth in the desert a highway for God. The grass withers, the flower fades, when the breath of the Lord blows upon it; surely the people are grass. The grass withers, the flower fades, but the word of our God stands forever. Like a shepherd God will tend His flock, in His arm He will gather the lambs. Do you not know? Have you not heard? The Everlasting God, the Lord, the Creator of the ends of the earth does not become weary or tired. His understanding is inscrutable. He gives strength to the weary, and to him who lacks might He increases power. Though youths grow weary and tired, and vigorous young men stumble badly, yet those who wait for the Lord will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary.”*

**Philippians 4:5-6**, *“The Lord is near. Be anxious for nothing.”*

**Psalms 30:2;4-5**, *“O Lord my God, I cried to You for help, and You healed me. <sup>4</sup> Sing praise to the Lord, you His godly ones, and give thanks to His holy name. <sup>5</sup> His anger is but for a moment, His favor is for a lifetime; weeping may last for the night, but a shout of joy comes in the morning.”*

**1 Samuel 18:1-4**, “After David had finished talking with Saul, Jonathan became one in spirit with David, and he loved him as himself. <sup>2</sup> From that day Saul kept David with him and did not let him return home to his family. <sup>3</sup> And Jonathan made a covenant with David because he loved him as himself. <sup>4</sup> Jonathan took off the robe he was wearing and gave it to David, along with his tunic, and even his sword, his bow and his belt.”

**2 Samuel 1:26**, “Jonathan, my brother; you were very dear to me. Your love for me was wonderful, more wonderful than that of women.”

**1 Samuel 20:1-4**, “Then David fled from Naioth at Ramah and went to Jonathan and asked, “What have I done? What is my crime? How have I wronged your father, that he is trying to take my life?” “Never!” Jonathan replied. “You are not going to die! Look, my father doesn’t do anything, great or small, without confiding in me. Why would he hide this from me? It’s not so!” But David took an oath and said, “Your father knows very well that I have found favor in your eyes, and he has said to himself, ‘Jonathan must not know this or he will be grieved.’ Yet as surely as the Lord lives and as you live, there is only a step between me and death.” Jonathan said to David, “Whatever you want me to do, I’ll do for you.”

**1 Samuel 20:32-33**, “Why should David be put to death? What has he done?” Jonathan asked his father. But Saul hurled his spear at him to kill him. Then Jonathan knew that his father intended to kill David.”

**1 Samuel 23:16**, “Jonathan, Saul’s son, went to David at Horesh, and encouraged him in God.”

**Romans 15:30-32**, “I urge you, brethren, by our Lord Jesus Christ and by the love of the Spirit, to strive together with me in your prayers to God for me, <sup>31</sup> that I may be rescued from those who are disobedient in Judea, and that my service for Jerusalem may prove acceptable to the saints; <sup>32</sup> so that I may come to you in joy by the will of God and find refreshing rest in your company.”

**Proverbs 11:25**, “The generous man will be prosperous, and he who waters will himself be watered.”

**Proverbs 15:23**, “How delightful is a timely word!”

**Hebrews 10:24**, “Let us think of ways to motivate one another to acts of love and good works.”